



YTT PROFESSIONAL COOK

HIGH SCHOOL CREDITS

- 28 course credits
- 7 high school classes

PROGRAM LENGTH

- 28 Weeks
- 840 Hours
- September – April

APPLICATION TIMELINE

- Feb. Gr. 10– Course selection.
- Oct. Gr. 11 – SD6 YTT applications open.
- Nov. Gr. 11 – COTR opens applications.
- Sept. Gr. 12 – SD6 closes applications.

Applications beyond closing dates will be considered based on program availability - COTR trades programs are non-competitive & based on date of application.

APPROXIMATE COST BREAK DOWN:

Tuition and Fees for Domestic Students:

For the 2023/24 academic year
(2023/SU, 2023/FA, 2024/WI, 2024/SP)

Tuition:	\$3,521.28
Application Fee:	\$30.00
Student Association Fee:	\$73.60
Occupational First Aid Level 1 Fee:	\$139.00
Bus Pass Fee:	\$88.80
Health and Dental Fee:	\$229.50
Total:	\$4,082.18

CREDENTIALS EARNED

- Professional Cook 1 certificate training credit from Industry Trades Authority (ITA)
- 600 work-based training hours ITA

Program Overview

The **28-week** Professional Cook 1 program will give you an opportunity to gain the knowledge and skills needed to work in a supervised culinary environment and will help you develop practical and essential skills related to the culinary industry. In this program, you learn about basic cooking and food preparation tasks utilizing knife skills, correct terminology, and a variety of cooking methods. Students learn to follow recipes, weigh and measure food accurately, and have an understanding of the major techniques and principles used in cooking, baking, and other aspects of food preparation. Practical instruction includes soups, sauces, meat and fish cookery, vegetables, pastry, cold kitchen, meat processing and breakfast cookery. Students are introduced to the preparation and service of luncheon banquets and a la carte menus in our authentic dining room, the Class Act Dining Room. Safe work habits are emphasized, reinforced and practiced throughout the program.

Costs

As a Youth Train in Trades student Rocky Mountain School District No. 6 agrees to pay the tuition component of your program. This means that parents and students will be expected to cover a variety of expenses ranging from student union fees to toolbox fees.

Fees are subject to change, please refer to the COTR website for details.

Scheduling Considerations

- Complete English 11 in Semester 1 grade 11.
- Complete English 12 in Semester 2 grade 11.
- Complete grade 11 Science and Math credits in Semester 1 grade 11.
- Complete any additional grade 12 work in Semester 2 grade 11.
- Complete Career-Life Connections (CLC) 12 while attending COTR.

Selection Criteria

- In a position to complete all academic graduation requirements prior to entry (English, Math, Science, Social Studies classes are complete).
- Successful completion of Foods levels A and B. Report card and teacher references indicate high level of proficiency, engagement, and work ethic.
- School attendance illustrates strong commitment to learning.
- Industry experience or familiarity (considered but not mandatory). What skills do you bring from outside of school? Do you have experience in this field? Do you have mentorship and support to explore this content?



Youth Train in Trades Student Agreement | Professional Cook



Youth Train in Trades is an application-based program designed for grade 12 students pursuing a career in trades. Students and families should be aware that there are some key differences between YTT programming and typical in-person high school programming. The expectations listed below identify some key considerations that students and families should be aware of.

The student is expected to communicate with COTR teaching staff as well as the COTR YTT coordinator to understand basic logistical requirements (start dates, class schedules, absences, due dates, fee payment, etc.).	
The student/family is expected to communicate with their high school about graduation planning starting in the spring of their grade 10 year.	
The student is expected to complete CLC 12 via TEAMS while attending COTR (including completion of a capstone presentation in June of their grade 12 year).	
The student is expected to attend all COTR classes even if they extend beyond the hours of instruction at their high school.	
Students/families are expected to arrange transportation to and from COTR in Cranbrook.	
The student & family understand that the professional cook program requires students to be away from school for the entire grade 12 year. Students will receive grade 12 elective credits for the program but will have a reduced opportunity to earn senior academic credits. This may mean students need to upgrade their transcripts if they choose to pursue a university education in the future.	

Cost Agreement

Rocky Mountain School District No. 6 agrees to pay _____ to cover tuition costs for the _____ entry date of the _____ program.

Date: _____ Date: _____ Date: _____

Principal: _____ Student: _____ Parent: _____

