



## POLICY 11400

### FOOD AND DRINK PROVISION

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#### **POLICY:**

Children require proper nourishment in order to develop and grow.

#### **PROCEDURES:**

- Families are responsible for providing children with nutritious snacks and water.
- The Rocky Mountain JUSTB4 Program will always have healthy snacks on hand in case a child needs additional food and will inform families if/when additional food is given to their child.
- Staff will encourage and model healthy eating but will not force their personal views of food choices on a child or shame a parent for food sent.
- The only beverage option at the Rocky Mountain JUSTB4 Program will be water.
- Children will not be permitted to share any food due to allergy and food sensitivity concerns.
- Please do not send any food that contains or may contain nuts due to allergies.
- Children will wash hands before and after snack time.
- Children will be taught to use good table manners and to clean up after themselves.
- Families will be provided with information about nutrition and tips for healthy snacks through monthly newsletters.

ADOPTED: FEBRUARY 14, 2023

Amended: