



Early Learning Programs and Services

The following family drop-in programs are offered free of charge.



StrongStart: For parents/caregivers and children birth to school age. Activities include circle time, play based learning centres, a nutritious snack and gross motor play.

Where: Alexander Park Elementary School (Room 16/StrongStart Room)

When: Mon, Wed, Fri. 12:30 - 3:30 / Tues & Thurs. 8:45 - 11:45

Contact: Jocelyn Wilson, *StrongStart, Coordinator*
jocelynclairewilson@gmail.com / (250) 344-8590



Parent & Tot: For parents/providers and children to enjoy the open space of the rex plex while visiting with other families; gym time; snack and story time.

Where: Mt. 7 Rec Plex

When: Wednesdays - 10:30 - 12:00

Contact: Rhonda Smith, *Infant Development Consultant*
rhonda.smith@goldenfamilycenter.ca / (250) 344-2000



Sounds Like Fun: Simple, fun, speech-focused activities; snack provided.

Where: Early Years Centre (423 9th Ave N)

When: Mondays - 10:30 - 12:00

Contact: Shelly Wadden, *CAPC Coordinator*
goldenecdc@gmail.com; (250) 344-0546



Early Years
Centre

Baby Talk: Bring your baby and your stories! Topics are presented by a Golden Public Health Nurse and/or Guest Speaker.

Where: Early Years Centre (423 9th Ave N)

When: Wednesdays - 1:30 - 3:00

Contact: Anne-Hooper Johnston, *Public Health Nurse*

anne.hooper-johnston@interiorhealth.ca / (250) 344-3001



Early Years
Centre



Drop-In Play: Stop by and enjoy a warm and welcoming environment; arts & crafts; dramatic play; tummy time area; books; breastfeeding station; and more!

Where: Early Years Centre (423 9th Ave N)

When: Mon, Tues, Wed, Thurs. - 9:00 - 12:00 & 1:00 - 4:00

Contact: Shelly Wadden, *Early Years Coordinator*

goldenecdc@gmail.com / (250) 344-0546

Early Learning Programs and Services - Outreach

Parson HOP Rec Program

Where: Parson Kids Club

When: Tuesday & Thursday - 10:30 - 12:30

Contact: Meadow Smith, *Coordinator* - (250) 348-2289

Blaeberry Play Group

Where: CSRD Park Oberg Johnson Road

When: Monday - 10:00 - 12:00

Contact: Carrie Furguson, *Coordinator*

stennerferguson@davincibb.net / (250) 439-1934

Nobody's Perfect Program for Parents (Blaeberry)

Where: CSRD Park Oberg Johnson Road

When: Monday, October 3 & 17 - 10:30 - 12:30pm

Contact: Rhonda Smith, *Infant Development Consultant*

rhonda.smith@goldenfamilycenter.ca / (250) 344-2000

Nobody's Perfect Program for Parents (Parson)

Where: Parson Kids Club

When: Thursday, October 20 & November 3 - 12:30 - 2:30

Contact: Rhonda Smith, *Infant Development Consultant*
rhonda.smith@goldenfamilycenter.ca / (250) 344-2000

Nobody's Perfect Program for Parents (Field)

Where: Early Years Room at Field Community Hall

When: Monday, November 14 & 21 - 10:30 - 12:30

Contact: Rhonda Smith, *Infant Development Consultant*
rhonda.smith@goldenfamilycenter.ca / (250) 344-2000

Additional Community Services Include:



A lending library of toys, equipment and games;
Information on available child care in the community
and drop-in free play.

Contact: Renee Quanstrom, *Coordinator* or Kim Weatherall, *Assistant*
goldencrr@gmail.com / kimccrr@gmail.com / (250) 344-4996



Family literacy programs for parents with preschoolers such
as Books for Babies, PALS (Parents as Literacy Supporters)
and Financial Literacy.

Contact: Melanie Myers, *Community Literacy Coordinator*
mmyers@cbal.org / (250) 439-9665



Free parent and child programs with a focus in the areas
of speech and language, physical literacy, and social
emotional development.

Contact: Shelly Wadden, *Program Coordinator*
goldenecdc@gmail.com / (250) 344-0546

ecdc early childhood
development coalition
golden



The Golden ECDC coordinates a network of quality programs and services based on our growing understanding of the importance of Early Childhood Development.

Contact: Shelly Wadden, *Coordinator*
goldenecdc@gmail.com / (250) 344-0546



**Golden
Family
Center**

Free parenting programs such as Nobody's Perfect, Roots of Empathy, and Positive Discipline; Mental Health and Speech and Language Therapist Services available.

Contact: Helena Oosthock, *Executive Director*
helena.o@goldenfamilycenter.bc.ca / (250) 344-2000



Infant Development Program offers home visits, developmental assessment and suggested activities.

Contact: Rhonda Smith, *Infant Development Consultant*
rhonda.smith@goldenfamilycenter.ca / (250) 344-2000



Golden Health Unit provides prenatal services, and free programs such as Books for Babies and Baby Talk for new parents, providing information on health, safety, early learning and parenting.

Contact: Anne-Hooper Johnston, *Public Health Nurse*
anne.Hooper-Johnston@interiorhealth.ca / (250) 344-3001



Free access to books, DVD's and computer time. Free programs such as Story Time for ages 3 - 5 years.

Contact: Local Office, (250) 344-6516

For more information contact Shelly Wadden, Early Years Coordinator
Box 802, Golden, BC, V0A 1H0 - (250) 344-0546
Facebook: @GoldenEarlyLearningHUB